

2026 MSHSL Section 7A South

May 20, 2026 - Esko

Mens Varsity

1.	Esko	103
2.	Two Harbors	100
3.	Crosby-Ironton	83.5
4.	Moose Lake/Willow River	78
5.	Barnum	73
6.	Cromwell-Wright	58.5
7.	Aitkin	46
8.	Carlton-Wrenshall	40
9.	Mcgregor	39
10.	Marshall (Duluth)	32
11.	Stella Maris Academy	26
12.	Lakeview Christian Academy	11
13.	South Ridge	9

Womens Varsity

1.	Esko	135.5
2.	Crosby-Ironton	116.5
3.	Moose Lake/Willow River	75.5
4.	Marshall (Duluth)	71
5.	Two Harbors	67
6.	Aitkin	55
7.	Carlton-Wrenshall	50
8.	Cromwell-Wright	39
9.	Stella Maris Academy	34
10.	Mcgregor	29
11.	South Ridge	14.5
12.	Barnum	11

Boys Varsity 100 Meters Finals

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Athlete Yr Team Mark H#

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- 1 Derek Nooyen 11 Esko 11.17a
- 2 Kyson Landwehr 12 Barnum 11.51a
- 3 Carter Nelson 12 Two Harbors 11.56a
- 4 Chase Walz 12 Esko 11.58a
- 5 JJ Skalko-Olesiak 12 Cromwell-Wright 11.99a
- 6 Bryce Maxwell 10 Two Harbors 12.03a
- 7 Teagan Vogtlin 10 Aitkin 12.14a
- 8 Lane Anderson 12 Aitkin 12.15a

Boys Varsity 100 Meters Preliminaries

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Athlete Yr Team Mark H# Wind

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- 1 Derek Nooyen 11 Esko 11.71a 0.0
- 2 Carter Nelson 12 Two Harbors 11.90a
- 3 Kyson Landwehr 12 Barnum 11.93a
- 4 Chase Walz 12 Esko 12.05a -0.7
- 5 JJ Skalko-Olesiak 12 Cromwell-Wright 12.11a -0.9
- 6 Teagan Vogtlin 10 Aitkin 12.20a 0.0
- 7 Bryce Maxwell 10 Two Harbors 12.24a -0.9
- 8 Lane Anderson 12 Aitkin 12.28a
- 9 Daymian Beckstrand 10 Barnum 12.43a 0.0
- 10 Ledger Johnson 11 Moose Lake/Willow River 12.52a
- 11 Logan Charboneau 10 Barnum 12.53a
- 12 Braden Wagner 12 Aitkin 12.56a -0.7

13 Deegan Ekroot 11 Two Harbors 12.75a -0.7
 14 Juice Sobczak 12 Cromwell-Wright 12.88a
 15 Owen Ritter 10 Crosby-Ironton 12.96a 0.0
 16 Elysee Beya 12 Marshall (Duluth) 13.05a -0.7
 16 Caleb Smith 9 Crosby-Ironton 13.05a 0.0
 18 Alex Kubat 11 South Ridge 13.11a
 19 Grant Huneke 9 Marshall (Duluth) 13.23a -0.9
 20 Christopher Gannucci 9 Stella Maris Academy 13.42a -0.9
 21 Teagon Rickmeyer 8 Crosby-Ironton 13.47a
 22 Ryden Olesiak 9 Cromwell-Wright 13.65a 0.0
 23 Kylan Ward 8 Carlton-Wrenshall 13.67a
 24 Cooper Johnson 8 Stella Maris Academy 13.71a
 25 William Fenlason 8 South Ridge 13.76a
 26 Tyler Krois 9 Stella Maris Academy 13.80a -0.9
 27 Oakley Hirschhoff 8 Lakeview Christian Academy 13.83a 0.0
 28 Alex Gillette 12 Carlton-Wrenshall 14.09a -0.7
 29 Elijah Warren 7 Lakeview Christian Academy 15.30a
 30 Ashten Windsor 8 Lakeview Christian Academy 16.22a
 31 Griffin Stamper 7 Carlton-Wrenshall 16.52a -0.7
 -- Hank Kettelhut 12 Marshall (Duluth) SCR
 -- Drew Meyer 9 Moose Lake/Willow River SCR -0.9
 -- Evan Meyer 9 Moose Lake/Willow River SCR -0.7
 -- Aurele Viellard 11 Esko SCR -0.9

Girls Varsity 100 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Delaney Nelson 12 Two Harbors 13.25a 0.0
 2 Adelyn Parrott 9 Esko 13.42a 0.0
 3 Addison Kehn 10 Aitkin 13.75a 0.0
 4 Avery Lonergan 10 Crosby-Ironton 13.77a 0.0
 5 Sophia Naud 12 Esko 13.83a 0.0
 6 Gabrielle Osberg-Lindquis 7 Esko 13.84a 0.0
 7 Gabby Loucks 10 Carlton-Wrenshall 13.86a 0.0
 8 Ava Vee 12 Marshall (Duluth) 14.03a 0.0

Girls Varsity 100 Meters Preliminaries

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Athlete Yr Team Mark H# Wind

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1 Delaney Nelson 12 Two Harbors 13.28a -0.2
 2 Adelyn Parrott 9 Esko 13.66a -1.2
 5 Addison Kehn 10 Aitkin 13.73a -0.2
 3 Gabby Loucks 10 Carlton-Wrenshall 13.82a -0.4
 6 Sophia Naud 12 Esko 13.84a -1.2
 7 Gabrielle Osberg-Lindquis 7 Esko 13.88a -0.2
 4 Avery Lonergan 10 Crosby-Ironton 14.02a -1.7
 8 Ava Vee 12 Marshall (Duluth) 14.03a -1.7

9 June Gresczyk 7 Moose Lake/Willow River 14.25a -0.2
 10 Shannon Lund 11 Cromwell-Wright 14.33a -1.2
 11 Bianca Jukic 12 Marshall (Duluth) 14.34a -0.4
 12 Keeley Granholm 9 Cromwell-Wright 14.35a -1.2
 13 Katelyn Brown 12 Barnum 14.42a -0.4
 13 Mallory Wilson 10 Barnum 14.42a -1.7
 15 Mary Hudrlik 9 Aitkin 14.49a -1.7
 16 Dativah Majwega 11 Marshall (Duluth) 14.51a -1.2
 17 Grace Hunter 11 Aitkin 14.84a -0.4
 18 Landyn Bretthorst 7 Moose Lake/Willow River 15.09a -0.2
 19 Sophia Hendrickson - Stella Maris Academy 15.48a -0.4
 20 Sarah Rose 11 Stella Maris Academy 15.63a -1.7
 21 Gabriella Salo - Stella Maris Academy 15.65a -1.7
 22 Rebecca Johnson 9 Cromwell-Wright 16.19a -0.4
 23 Jane Marxhausen 9 Two Harbors 16.25a -0.2
 24 Grace Henneger 12 South Ridge 16.48a -1.2
 25 Hannah Christensen 8 Carlton-Wrenshall 16.82a -0.2
 26 Dahlia Bautch 9 Two Harbors 17.04a -1.2
 27 Arli Bryant 8 Carlton-Wrenshall 18.25a -0.4

Boys Varsity 200 Meters

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Athlete Yr Team Mark H# Wind

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1 Layne Radzak 12 Moose Lake/Willow River 23.27a -0.8
 2 Joshua Maxwell 12 Two Harbors 23.31a -0.8
 3 Derek Nooyen 11 Esko 23.56a -0.8
 4 Kyson Landwehr 12 Barnum 23.79a -0.8
 5 Braylon Kannel 9 Crosby-Ironton 24.23a -0.8
 6 Cameron Poe-Johnson 10 Two Harbors 24.41a -0.8
 7 Donovan Barden 10 McGregor 24.46a -0.8
 8 Bryce Maxwell 10 Two Harbors 24.89a -2.1
 9 Hunter Rubich 10 McGregor 24.93a -2.1
 10 Marcel Ricardo 12 Marshall (Duluth) 25.06a -2.1
 11 Christopher Pearson 8 Barnum 25.42a -2.1
 12 Isaac Tester 9 Esko 26.01a -2.1
 13 Blake Behrendt 10 Esko 26.11a
 14 Wyatt Ellefson 10 South Ridge 26.35a
 15 Grant Huneke 9 Marshall (Duluth) 26.41a
 16 Jonah Sandstrom 9 Carlton-Wrenshall 26.60a
 17 Christopher Gannucci 9 Stella Maris Academy 26.88a
 18 Gavin Mattson 9 Cromwell-Wright 26.90a +1.2
 19 Caleb Smith 9 Crosby-Ironton 27.08a -2.1
 20 Masyn Smith 10 Marshall (Duluth) 27.19a
 21 Alex Kubat 11 South Ridge 27.33a
 22 Juice Sobczak 12 Cromwell-Wright 27.42a
 23 Kylan Ward 8 Carlton-Wrenshall 27.47a +1.2
 24 Cooper Johnson 8 Stella Maris Academy 27.92a +1.2
 25 Tyler Krois 9 Stella Maris Academy 28.05a +1.2

26 Noah Peters 9 Aitkin 28.23a +1.2
 27 Logan Fisher 9 Cromwell-Wright 28.40a +1.2
 28 Alex Gillette 12 Carlton-Wrenshall 29.18a +1.2
 29 Elijah Warren 7 Lakeview Christian Academy 30.68a -0.6
 30 Darren Larson 11 South Ridge 30.82a +1.2
 31 Payton Windsor 8 Lakeview Christian Academy 34.94a -0.6
 32 Lyle McNutt 12 Aitkin 36.23a -0.6
 -- Daymian Beckstrand 10 Barnum SCR -2.1
 -- Wyatt Holmes 11 Crosby-Ironton SCR -0.8
 -- Drew Meyer 9 Moose Lake/Willow River SCR -2.1

Girls Varsity 200 Meters

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Athlete Yr Team Mark H# Wind

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1 Lucy Lewandowski 12 Crosby-Ironton 27.14a
 2 Delaney Nelson 12 Two Harbors 27.57a
 3 Betty Larsen 9 Crosby-Ironton 27.98a
 4 Izzy Nelson 11 McGregor 28.37a
 5 Gabby Loucks 10 Carlton-Wrenshall 28.51a
 6 Kaydence Prachar 10 Moose Lake/Willow River 28.52a -0.5
 7 Sophia Naud 12 Esko 28.68a -0.5
 8 Addison Kehn 10 Aitkin 28.77a -0.5
 9 Payton Heittola 10 Esko 28.84a
 10 Gabrielle Osberg-Lindquis 7 Esko 29.02a -0.5
 11 Jayla Conner 11 Crosby-Ironton 29.04a -0.5
 12 Ivy Ferguson 8 Stella Maris Academy 29.07a -0.5
 13 Myriam Tupper 11 Marshall (Duluth) 29.11a -0.5
 14 Willow Krawczyk 9 Marshall (Duluth) 29.21a -0.5
 15 June Gresczyk 7 Moose Lake/Willow River 29.26a -2.2
 16 Shannon Lund 11 Cromwell-Wright 29.30a
 17 Mary Hudrlik 9 Aitkin 29.42a -2.2
 18 Brynlee Sieben 8 Moose Lake/Willow River 30.00a -2.2
 19 Katelyn Brown 12 Barnum 30.03a +0.1
 20 Madelyn Morse 11 South Ridge 30.30a
 21 Cora Head 11 Barnum 30.31a -2.2
 22 Kate Boyd 10 Aitkin 30.75a -2.2
 23 Cora Emeott 9 Two Harbors 31.16a +0.1
 24 Remington Olesiak 11 Cromwell-Wright 31.18a -2.2
 25 Ally Wiszowaty 10 Two Harbors 31.34a -2.2
 26 Brooklyn Christianson 8 Marshall (Duluth) 31.47a +0.1
 27 Sophie Collins 10 Carlton-Wrenshall 31.96a +0.1
 28 Elyce Klos-Maki 9 Stella Maris Academy 32.20a +0.1
 29 Alexis Coy 12 Carlton-Wrenshall 32.45a -0.8
 30 Lucy Homstad 10 Cromwell-Wright 33.01a -0.8
 31 Grace Henneger 12 South Ridge 33.16a +0.1
 32 Aili Fenlason 11 South Ridge 38.92a -0.8
 -- Vivian Reich - Stella Maris Academy SCR -2.2

Boys Varsity 400 Meters

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Athlete Yr Team Mark H#

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- 1 Braham Jordan 10 Cromwell-Wright 51.84a
- 2 Ezra Jacobson 10 Crosby-Ironton 53.39a
- 3 Hank Kettelhut 12 Marshall (Duluth) 53.61a
- 4 Eli Berger 11 Barnum 53.87a
- 5 Chase Walz 12 Esko 54.17a
- 6 Alejandro Rivera 12 Two Harbors 55.50a
- 7 Donovan Barden 10 McGregor 55.62a
- 8 Borislav Pashov 11 Marshall (Duluth) 56.37a
- 9 Jayce Johnson 10 Esko 56.73a
- 10 Isaias Padilla 12 Carlton-Wrenshall 56.98a
- 11 Wyatt Ellefson 10 South Ridge 57.91a
- 12 Braxton Laveau 9 Barnum 58.15a
- 13 Del Nyberg 9 Cromwell-Wright 59.12a
- 14 Jackson McDowell 11 Moose Lake/Willow River 1:00.23a
- 15 Jake Christenson 11 Two Harbors 1:00.75a
- 16 Jonah Sandstrom 9 Carlton-Wrenshall 1:01.08a
- 17 Cooper Johnson 8 Stella Maris Academy 1:01.66a
- 18 Ken Joslyn 9 Two Harbors 1:02.35a
- 19 Jayvin St. Pierre 9 Moose Lake/Willow River 1:02.42a
- 20 Ahti Kari 9 Esko 1:02.49a
- 21 Kaden Ward 10 Carlton-Wrenshall 1:02.82a
- 22 Hunter Ward 10 Aitkin 1:03.24a
- 23 Yuri Nelson 10 Crosby-Ironton 1:03.87a
- 24 Tyler Krois 9 Stella Maris Academy 1:04.11a
- 25 Alex Kubat 11 South Ridge 1:04.16a
- 26 Darren Larson 11 South Ridge 1:07.75a
- 27 Nick Beckstrand 8 Barnum 1:07.76a
- 28 Noah Peters 9 Aitkin 1:08.37a
- 29 Ashten Windsor 8 Lakeview Christian Academy 1:11.49a
- Evan Meyer 9 Moose Lake/Willow River SCR
- Ryden Olesiak 9 Cromwell-Wright SCR
- Mason Fitch 9 Stella Maris Academy SCR
- Zane Bardolph 9 Marshall (Duluth) SCR

Girls Varsity 400 Meters

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Athlete Yr Team Mark H#

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- 1 Khloey Schmidt 10 Moose Lake/Willow River 1:01.78a
- 2 Paige Hammill 10 Moose Lake/Willow River 1:03.97a
- 3 Mya Amundsen 8 Esko 1:04.16a
- 4 Kiera Kylander-Johnson 11 Marshall (Duluth) 1:04.19a
- 5 Iris Rude 9 Marshall (Duluth) 1:05.96a
- 6 Madelyn Morse 11 South Ridge 1:06.46a
- 7 Vivian Reich - Stella Maris Academy 1:07.47a

8 Bella Raj - Stella Maris Academy 1:07.60a
9 Charlie Cummins 9 Moose Lake/Willow River 1:08.02a
10 Amelia Hipp 7 Esko 1:08.66a
11 Penelope Jurek 7 Barnum 1:08.84a
12 Violet Vanderscheuren 12 South Ridge 1:09.35a
13 Hannah Rasmussen 12 Aitkin 1:09.99a
14 Annika Erickson 8 Carlton-Wrenshall 1:10.70a
15 Ashlyn Caspersen 9 Cromwell-Wright 1:11.44a
16 Miracle Sheets 11 Aitkin 1:11.45a
17 Cambrie Dickenson 8 Cromwell-Wright 1:12.35a
18 Jenifer Williams 8 South Ridge 1:12.86a
19 Sabrina Gonzalez 8 Stella Maris Academy 1:12.98a
20 Charlotte Lacerte 9 Crosby-Ironton 1:13.00a
21 Sophie Collins 10 Carlton-Wrenshall 1:13.08a
22 Zaylie Ward 9 Esko 1:14.35a
23 Molly Franke 10 Aitkin 1:16.30a
24 Harper Caron 7 Cromwell-Wright 1:16.57a
25 Lilly Johansen 10 Two Harbors 1:19.74a
26 Hannah Christensen 8 Carlton-Wrenshall 1:25.35a
-- Indie Goodman 9 Marshall (Duluth) SCR

Boys Varsity 800 Meters

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Athlete Yr Team Mark H#

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1 Oskar Nelson 12 Crosby-Ironton 2:05.70a
2 Lenny Hughes 11 Aitkin 2:06.66a
3 Benjamin Wright 12 Lakeview Christian Academy 2:06.89a
4 Jorge Gatica 11 Cromwell-Wright 2:08.11a
5 Karl Tuttle 12 Carlton-Wrenshall 2:08.33a
6 Joey Yapel 10 Marshall (Duluth) 2:08.49a
7 Alden Whittaker 9 Marshall (Duluth) 2:09.11a
8 Caleb Gilbertson 9 Stella Maris Academy 2:11.42a
9 Shade Anderson 9 Cromwell-Wright 2:12.18a
10 Noah Moss 11 Aitkin 2:12.21a
11 Jaxson St. Pierre 11 Moose Lake/Willow River 2:13.14a
12 Mason Eng 12 Esko 2:13.60a
13 Bodyn Gunderson 12 Carlton-Wrenshall 2:14.14a
14 James Rautell 12 Esko 2:15.08a
15 Luke Price 11 South Ridge 2:15.81a
16 Logan McConnell 9 Esko 2:18.67a
17 Maxwell Taylor 10 Two Harbors 2:19.45a
18 Ethan Stadin 10 Moose Lake/Willow River 2:21.48a
19 Moses Jurek 9 Barnum 2:22.93a
20 Caleb Symons 10 Two Harbors 2:27.53a
21 Thomas Carlson 11 Carlton-Wrenshall 2:32.24a
22 Grant Byer 12 Stella Maris Academy 2:36.21a
23 Payton Windsor 8 Lakeview Christian Academy 2:40.11a
24 Henry Beaver 8 Stella Maris Academy 2:42.22a

25 Mason Spaulding 12 Moose Lake/Willow River 2:44.25a
26 Gavin McCall 9 Barnum 2:49.99a
27 Garrett Schwerin 9 Aitkin 3:16.06a
-- Jonah Greensmith 9 Marshall (Duluth) SCR

Girls Varsity 800 Meters

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Athlete	Yr	Team	Mark	H#
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1	Naiya	Ruuska	9	Esko	2:24.28a
2	Ashley	Asmus	11	Aitkin	2:25.37a
3	Bella	McCall	10	Moose Lake/Willow River	2:30.43a
4	Nellie	Fitzpatrick	11	Crosby-Ironton	2:30.90a
5	Hailey	Raisanen	8	Esko	2:33.20a
6	Lucia	Lozano	9	Marshall (Duluth)	2:34.76a
7	Heidi	Weis	11	Marshall (Duluth)	2:35.58a
8	Elise	Bugnacki	9	Crosby-Ironton	2:38.88a
9	Katie	Heikkila	12	McGregor	2:42.03a
10	Madelyn	Morse	11	South Ridge	2:44.61a
11	Paityn	Hawkins	8	Aitkin	2:48.82a
12	Violet	Vanderscheuren	12	South Ridge	2:51.16a
13	Isabel	Benson	11	Two Harbors	2:51.87a
14	Cambrie	Dickenson	8	Cromwell-Wright	2:52.62a
15	Britta	Myers	9	Two Harbors	2:53.51a
16	Lila	Dalen	10	Carlton-Wrenshall	2:59.12a
17	Nia	Petry	11	Moose Lake/Willow River	3:00.00a
18	Grace	Dean	9	Two Harbors	3:08.23a
19	Malin	Braun	9	McGregor	3:09.53a
20	Piper	Schmidt	11	McGregor	3:13.79a
21	Isla	Erickson	8	Stella Maris Academy	3:28.18a
22	Arli	Bryant	8	Carlton-Wrenshall	3:30.79a
--	Indie	Goodman	9	Marshall (Duluth)	SCR
--	Ava	McKibbon	11	Esko	SCR
--	Lynae	Kinzer	9	Aitkin	SCR

Boys Varsity 1600 Meters

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Athlete	Yr	Team	Mark	H#
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1	Garrett	Guida	12	McGregor	4:38.83a
2	Justin	Reisz	10	Crosby-Ironton	4:42.35a
3	Phoenix	Anderson	12	Cromwell-Wright	4:43.15a
4	Aiden	Cernohous	8	Stella Maris Academy	4:44.74a
5	Caleb	Gilbertson	9	Stella Maris Academy	4:45.83a
6	William	Beisang	9	Esko	4:47.00a
7	Anders	Erickson	10	Carlton-Wrenshall	4:48.27a
8	Carson	Gilbertson	7	Stella Maris Academy	4:48.73a
9	Luke	Price	11	South Ridge	4:49.54a
10	Alden	Whittaker	9	Marshall (Duluth)	5:00.91a

11 Noah Hughes 9 Aitkin 5:06.20a
12 Harrison Samec 8 Esko 5:09.16a
13 Elliot Zigich 10 Esko 5:12.08a
14 Moses Jurek 9 Barnum 5:12.99a
15 Levi Turner 10 Crosby-Ironton 5:14.01a
16 Christopher Gatica 8 Cromwell-Wright 5:16.04a
17 Erik Gischia 11 Two Harbors 5:21.29a
18 Cadence Casey 10 Cromwell-Wright 5:26.46a
19 Kaden Ward 10 Carlton-Wrenshall 5:28.96a
20 Caleb Gassert 10 Moose Lake/Willow River 5:32.30a
21 Thomas Carlson 11 Carlton-Wrenshall 5:48.84a
22 Ilya Miner 11 Lakeview Christian Academy 5:51.79a
23 Will Richner 9 Two Harbors 5:59.45a
24 Max Harrison 10 Aitkin 7:02.58a
-- Jack Bellamy 9 Marshall (Duluth) SCR
-- Charles Zawadowski 9 Marshall (Duluth) SCR

Girls Varsity 1600 Meters

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Athlete	Yr	Team	Mark	H#
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1	Ari Dahl	8	Cromwell-Wright	5:32.45a
2	Bryn Zallar	8	Stella Maris Academy	5:37.79a
3	Sophia Hanson	8	Crosby-Ironton	5:38.06a
4	Ruth Sandstrom	12	Carlton-Wrenshall	5:39.57a
5	Audrey Collar	10	Barnum	5:40.74a
6	Katie Heikkila	12	McGregor	5:41.21a
7	Haley Freiermuth	9	Cromwell-Wright	5:41.28a
8	Madeline Plote	-	Stella Maris Academy	5:43.46a
9	Annika Johnson	9	Esko	5:46.87a
10	Lia Stokman	7	Crosby-Ironton	5:51.35a
11	Madeline Lacerte	12	Crosby-Ironton	5:52.60a
12	Paityn Hawkins	8	Aitkin	6:03.34a
13	Kaylin Mortenson	10	Moose Lake/Willow River	6:06.57a
14	Norah Beisang	7	Esko	6:09.48a
15	Brooklyn Wasche	12	Moose Lake/Willow River	6:09.64a
16	Maddie Linn	10	Two Harbors	6:19.93a
17	Harper Smith	11	Two Harbors	6:26.96a
18	Lila Dalen	10	Carlton-Wrenshall	6:28.52a
19	Ayda Spender	8	Carlton-Wrenshall	6:31.09a
20	Katelyn Youngberg	11	Moose Lake/Willow River	6:38.67a
21	Amelia Saamanen	11	Two Harbors	6:45.93a
22	Brynn McCourtney	12	Marshall (Duluth)	6:49.55a
23	Maggie Saftner	-	Stella Maris Academy	6:58.58a
24	Neela Stuermer	12	Esko	7:02.53a
--	Nina McCourtney	9	Marshall (Duluth)	SCR
--	Emily Nordling	10	Aitkin	SCR

Boys Varsity 3200 Meters

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Athlete Yr Team Mark H#

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1 Garrett Guida 12 McGregor 9:50.01a
2 Aiden Cernohous 8 Stella Maris Academy 10:09.70a
3 Peter Bartels 9 Crosby-Ironton 10:11.27a
4 Carson Gilbertson 7 Stella Maris Academy 10:15.05a
5 Eli Berger 11 Barnum 11:04.53a
6 Willard Wasche 10 Moose Lake/Willow River 11:08.07a
7 Aidan McWilliams 9 Esko 11:08.11a
8 Logan Hunstad 11 South Ridge 11:19.26a
9 Christopher Gatica 8 Cromwell-Wright 11:33.69a
10 Eli Thewis 10 Two Harbors 11:50.96a
11 Reid Miller 8 Two Harbors 11:58.58a
12 Cadence Casey 10 Cromwell-Wright 12:02.72a
13 Alex Teeter 10 Two Harbors 12:04.31a
14 Max Olson 10 Esko 12:34.35a
15 Albert Henry Nephew 9 Stella Maris Academy 12:35.41a
16 Jasper Stamper 9 Carlton-Wrenshall 13:21.20a
17 Hunter Ward 10 Aitkin 13:36.81a
18 Keaton Gunderson 10 Carlton-Wrenshall 13:44.81a

Girls Varsity 3200 Meters

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Athlete Yr Team Mark H#

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1 Ari Dahl 8 Cromwell-Wright 12:11.86a
2 Regan Klemetsen 9 South Ridge 12:27.64a
3 Isabel Riley 12 Carlton-Wrenshall 12:31.60a
4 Bryn Zallar 8 Stella Maris Academy 12:38.99a
5 Haley Freiermuth 9 Cromwell-Wright 12:47.47a
6 Mckenna Severson 7 Crosby-Ironton 12:49.61a
7 Izzy Dewey 12 Moose Lake/Willow River 12:54.74a
8 Madeline Plote - Stella Maris Academy 13:10.96a
9 Kaylin Mortenson 10 Moose Lake/Willow River 13:25.80a
10 Kylee Crisp 8 Carlton-Wrenshall 14:01.11a
11 Adele Bugnacki 11 Crosby-Ironton 14:02.25a
12 Greta Lang 7 Crosby-Ironton 14:24.61a
13 Aria Oswald-Swenson 11 Two Harbors 14:38.33a
14 Brooklyn Battaglia 8 Esko 14:47.01a
15 Maddie Linn 10 Two Harbors 14:53.45a
16 Abigail Vargo 12 Barnum 15:11.86a
17 Isla Erickson 8 Stella Maris Academy 17:09.01a
-- Addi Peterson 7 Esko SCR
-- Iris Rude 9 Marshall (Duluth) DNF

Girls Varsity 100m Hurdles

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Athlete Yr Team Mark H# Wind

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1	Candice Ndomb	11	Marshall (Duluth)	15.99a	-2.7
2	Julieauna Johnson	11	Carlton-Wrenshall	17.89a	-2.7
3	Izzy Nelson	11	McGregor	18.03a	-2.7
4	Hannah Rautell	9	Esko	18.09a	-2.7
5	Ivy Ferguson	8	Stella Maris Academy	18.24a	-2.7
6	Teagen Tessier	11	Carlton-Wrenshall	18.53a	-2.7
7	Gwen Gabrielson	10	Two Harbors	19.12a	-2.3
8	Brooklyn Nelson	12	Two Harbors	19.25a	-2.7
9	Audrey Marsh	9	Esko	19.34a	-2.3
10	Makenna Gerard	7	Esko	19.46a	-2.7
11	Isabella Nyberg	11	Cromwell-Wright	19.49a	-2.3
12	Sydney Obert	9	Aitkin	20.53a	-2.3
13	Linzy Beaufeas	9	Aitkin	20.75a	-2.3
14	Addie Nyberg	8	Cromwell-Wright	21.19a	-2.3
15	Nadia Tessier	12	Carlton-Wrenshall	21.22a	-2.3
16	Gabriella Salo	-	Stella Maris Academy	21.24a	-1.3
17	Margot Toftness	8	Crosby-Ironton	22.02a	-2.3
18	Jozey Mertens	9	Crosby-Ironton	22.22a	-1.3
19	Norah Barthel	-	Stella Maris Academy	22.33a	-1.3
20	Heather Lyttle	10	Marshall (Duluth)	23.02a	-1.3

Boys Varsity 110m Hurdles

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Athlete	Yr	Team	Mark	H#	Wind
=====					
1	Tommy DeChantal	12	Two Harbors	15.32a	-0.2
2	Ben Schmitz	11	Esko	16.24a	-0.2
3	Owen Spender	10	Carlton-Wrenshall	18.80a	-0.2
4	Amos Grover	9	Barnum	18.95a	-0.2
5	Colton Armbrust	12	Crosby-Ironton	22.06a	-0.2
6	Bryten Donnelly	10	Crosby-Ironton	24.30a	-0.2
7	Jacob Harrison	10	McGregor	25.37a	-0.2

Boys Varsity 300m Hurdles

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Athlete	Yr	Team	Mark	H#
=====				
1	Tommy DeChantal	12	Two Harbors	40.89a
2	Will Fransen	12	Two Harbors	43.66a
3	Owen Spender	10	Carlton-Wrenshall	45.90a
4	Blake Granholm	10	Cromwell-Wright	46.28a
5	Marcel Ricardo	12	Marshall (Duluth)	46.48a
6	Connor Beise	10	Moose Lake/Willow River	47.40a
7	Aiden Sawyer	10	Esko	47.85a
8	Levi Raisanen	10	Esko	49.16a
--	Ladd Nelson	12	Crosby-Ironton	SCR
--	David Cornell	12	Esko	SCR

Girls Varsity 300m Hurdles

=====

Athlete Yr Team Mark H#

=====

- 1 Candice Ndomb 11 Marshall (Duluth) 46.00a
- 2 Ivy Ferguson 8 Stella Maris Academy 51.86a
- 3 Isabella Nyberg 11 Cromwell-Wright 52.39a
- 4 Teagen Tessier 11 Carlton-Wrenshall 53.14a
- 5 Nora Hurst 11 Barnum 53.38a
- 6 Julieauna Johnson 11 Carlton-Wrenshall 53.63a
- 7 Audrey Marsh 9 Esko 54.30a
- 8 Ayda Spender 8 Carlton-Wrenshall 55.96a
- 9 Lilee Hanson 10 Esko 56.53a
- 10 Gwen Gabrielson 10 Two Harbors 56.86a
- 11 Makenna Gerard 7 Esko 57.05a
- 12 Margot Toftness 8 Crosby-Ironton 57.29a
- 13 Addie Nyberg 8 Cromwell-Wright 57.71a
- 14 Sydney Obert 9 Aitkin 58.07a
- 15 Clara Thibodeau 9 Marshall (Duluth) 58.51a
- 16 Brooklyn Christianson 8 Marshall (Duluth) 1:00.09a
- 17 Norah Barthel - Stella Maris Academy 1:01.84a
- 18 Gabriella Salo - Stella Maris Academy 1:03.35a
- 19 Linzy Beaufeas 9 Aitkin 1:04.95a
- 20 Lola Hagglund 9 Two Harbors 1:06.08a

Boys Varsity 4x100 Relay

=====

Team Time H#

=====

- 1 Moose Lake/Willow River 44.22a
- 1) A
- 2 Crosby-Ironton 44.36a
- 1) A
- 3 Aitkin 45.58a
- 1) A
- 4 Barnum 47.28a
- 1) A
- 5 Esko 48.55a
- 1) A
- 6 Two Harbors 48.65a
- 1) A
- 7 Cromwell-Wright 54.34a
- 1) A

Girls Varsity 4x100 Relay

=====

Team Time H#

=====

- 1 Esko 51.36a

- 1) A
- 2 Crosby-Ironton 51.78a
- 1) A
- 3 Moose Lake/Willow River 52.59a
- 1) A
- 4 Marshall (Duluth) 52.85a
- 1) A
- 5 Two Harbors 53.22a
- 1) A
- 6 Barnum 54.10a
- 1) A
- 7 Aitkin 55.73a
- 1) A
- 8 Cromwell-Wright 58.72a
- 1) A

Boys Varsity 4x200 Relay

=====

Team Time H#

=====

- 1 Two Harbors 1:32.05a
- 1) A
- 2 Moose Lake/Willow River 1:32.52a
- 1) A
- 3 Cromwell-Wright 1:34.89a
- 1) A
- 4 Marshall (Duluth) 1:39.04a
- 1) A
- 5 Esko 1:40.63a
- 1) A
- 6 Barnum 1:44.97a
- 1) A
- 7 McGregor 1:45.32a
- 1) A
- 8 Crosby-Ironton 1:47.57a
- 1) A
- 9 Carlton-Wrenshall 1:51.89a
- 1) A

Girls Varsity 4x200 Relay

=====

Team Time H#

=====

- 1 Moose Lake/Willow River 1:47.72a
- 1) A
- 2 Crosby-Ironton 1:49.28a
- 1) A
- 3 Esko 1:50.12a
- 1) A

4 Marshall (Duluth) 1:55.04a
1) A
5 Aitkin 1:56.38a
1) A
6 Two Harbors 1:56.44a
1) A
7 Cromwell-Wright 2:03.36a
1) A
8 Stella Maris Academy 2:05.94a
1) A

Boys Varsity 4x400 Relay

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Team	Time	H#
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=====

1 Two Harbors	3:28.66a	
1) A		
2 Cromwell-Wright	3:34.85a	
1) A		
3 Esko	3:45.94a	
1) A		
4 Moose Lake/Willow River	3:46.28a	
1) A		
5 Crosby-Ironton	3:48.21a	
1) A		
6 Marshall (Duluth)	3:53.03a	
1) A		
7 Carlton-Wrenshall	4:02.48a	
1) A		
8 Lakeview Christian Academy	4:07.28a	
1) A		
9 Stella Maris Academy	4:26.77a	
1) A		

Girls Varsity 4x400 Relay

=====

Team	Time	H#
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=====

1 Moose Lake/Willow River	4:07.60a	
1) A		
2 Esko	4:08.25a	
1) A		
3 Crosby-Ironton	4:26.16a	
1) A		
4 Marshall (Duluth)	4:27.54a	
1) A		
5 Cromwell-Wright	4:32.74a	
1) A		
6 Carlton-Wrenshall	4:35.59a	

1) A
7 Aitkin 4:55.08a
1) A

Boys Varsity 4x800 Relay

=====

Team Time H#

=====

1 Cromwell-Wright 8:33.20a
1) A
2 Esko 8:40.91a
1) A
3 Carlton-Wrenshall 8:45.88a
1) A
4 Crosby-Ironton 8:46.15a
1) A
5 Moose Lake/Willow River 9:01.70a
1) A
6 Aitkin 9:12.04a
1) A
7 Stella Maris Academy 10:14.11a
1) A

Girls Varsity 4x800 Relay

=====

Team Time H#

=====

1 Esko 9:57.05a
1) A
2 Crosby-Ironton 10:28.75a
1) A
3 Marshall (Duluth) 10:42.03a
1) A
4 Carlton-Wrenshall 11:21.78a
1) A
5 Aitkin 11:30.74a
1) A
6 Stella Maris Academy 11:55.11a
1) A

Boys Varsity Shot Put

=====

Athlete Yr Team Mark H#

=====

1 Julian Class 10 Barnum 44-11.00
2 Brock Hurst 12 Barnum 43-00.00
3 Elysee Beya 12 Marshall (Duluth) 40-10.00
4 Jonathan Kinsey 11 Two Harbors 40-08.50
5 Matthew Shaw 11 Carlton-Wrenshall 38-11.50

6 Ryan Stone 10 Two Harbors 38-04.50
 7 Connor Barden 12 McGregor 37-11.50
 8 Silas Fournier 10 Two Harbors 37-02.00
 9 Zach Johnson 12 Lakeview Christian Academy 37-00.00
 10 Brady Ferguson 10 Barnum 36-00.00
 11 Abram Thwaites 10 Esko 34-10.00
 12 Jacob Olson 11 Moose Lake/Willow River 34-03.00
 13 Sawyer Morrison 10 South Ridge 33-07.50
 14 Caleb Burk 10 McGregor 33-01.50
 15 Logan Radzak 10 Moose Lake/Willow River 32-11.50
 16 Zach Johnson 11 Cromwell-Wright 32-11.00
 17 Cooper Chuang 12 Marshall (Duluth) 32-09.00
 18 William Fenlason 8 South Ridge 32-08.00
 19 Genesis Singer 9 Moose Lake/Willow River 31-03.00
 20 Landon Mrolsa 11 Cromwell-Wright 30-09.50
 21 Elijah Nelson 12 South Ridge 30-04.00
 22 Eli Fuller 8 Crosby-Ironton 30-02.00
 22 Raef Springer 11 Carlton-Wrenshall 30-02.00
 24 Max Harrison 10 Aitkin 29-08.00
 25 Josh Tucker 10 Aitkin 28-05.00
 26 Mac Kilmer 9 Crosby-Ironton 27-07.00
 26 Noah Peters 9 Aitkin 27-07.00
 28 John Frahm 10 Crosby-Ironton 26-02.00
 29 Colton Hann 9 McGregor 25-07.00
 -- Cooper Aho 9 Cromwell-Wright FOUL
 -- Owen Ballmer 8 Marshall (Duluth) SCR
 -- Maxx Sauter 11 Esko SCR

Girls Varsity Shot Put

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Athlete Yr Team Mark H#

=====

1 Maya Johnson 11 Esko 36-00.50
 2 Sophia Strom 11 Crosby-Ironton 35-09.50
 3 Veronica Millsop 11 Crosby-Ironton 32-01.00
 4 Brynn von Goertz 10 Two Harbors 30-09.50
 5 Reagan Spaeth 12 McGregor 30-00.00
 6 Jessica Goble 11 Moose Lake/Willow River 29-08.00
 7 Mariah Lucero 12 Marshall (Duluth) 28-00.00
 8 Abigail McConnell 10 Esko 27-07.50
 9 Ashlynn Thompson 10 Cromwell-Wright 26-11.00
 10 Jayda Windorski 10 Crosby-Ironton 26-04.50
 11 Sage Hennen 12 South Ridge 25-08.50
 12 Elizabeth Morris 12 Aitkin 25-06.00
 13 Ava Peterson - Johnson 9 Aitkin 25-03.00
 14 Haiden Steinbach 11 Marshall (Duluth) 24-01.00
 15 Madison Siedlecki 11 Moose Lake/Willow River 24-00.50
 16 Taylor Lynn Horton 10 South Ridge 23-06.00
 17 Karysa Brown 12 Carlton-Wrenshall 23-02.50

18 Vera Brown 10 Carlton-Wrenshall 23-02.00
19 Joanna Schiller 10 Cromwell-Wright 22-10.50
20 Maci Soderbloom 10 Cromwell-Wright 22-04.50
21 Kaelynn Gruhlke 12 Aitkin 21-09.00
22 Miami Schalow 11 Moose Lake/Willow River 21-04.50
23 Emma Piirainen 9 Esko 20-05.50
24 Laila Naegeli 10 Two Harbors 20-03.50
25 Madison Brandt 9 Two Harbors 19-08.50
26 Taylor-Rose Skagerberg 10 Carlton-Wrenshall 17-07.00
-- Quinnlyn Steinbach 9 Marshall (Duluth) SCR

Boys Varsity Discus

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Athlete Yr Team Mark H#

=====

1 Matthew Shaw 11 Carlton-Wrenshall 144-01
2 Connor Barden 12 McGregor 139-05
3 Jonathan Kinsey 11 Two Harbors 123-06
4 Sawyer Morrison 10 South Ridge 120-09
5 Zach Johnson 12 Lakeview Christian Academy 120-08
6 Elijah Nelson 12 South Ridge 114-00
7 Julian Class 10 Barnum 110-05
8 Brady Ferguson 10 Barnum 104-04
8 Cooper Aho 9 Cromwell-Wright 104-04
10 Landry Berlin 10 South Ridge 100-03
11 Brock Hurst 12 Barnum 99-10
12 Landon Mrolsa 11 Cromwell-Wright 95-10
13 Brody Fellersen 9 Two Harbors 92-07
14 Cooper Chuang 12 Marshall (Duluth) 92-01
15 Paul Schottenbauer 10 Two Harbors 91-01
16 Matthew Bohnsack 12 Moose Lake/Willow River 91-00
17 Eli Fuller 8 Crosby-Ironton 90-11
18 Colton Hann 9 McGregor 90-02
19 Max Harrison 10 Aitkin 83-04
20 Aaron Morris 11 Aitkin 81-08
21 Abram Thwaits 10 Esko 78-04
22 Ben Sickler 10 Moose Lake/Willow River 76-10
23 Raef Springer 11 Carlton-Wrenshall 72-01
24 Wyatt Jackson 8 McGregor 67-02
25 John Frahm 10 Crosby-Ironton 66-06
26 Mac Kilmer 9 Crosby-Ironton 64-06
27 Kayden Meyer 9 Cromwell-Wright 60-06
-- Jacob Olson 11 Moose Lake/Willow River FOUL
-- Elysee Beya 12 Marshall (Duluth) FOUL
-- Peter Gerard 9 Stella Maris Academy FOUL
-- Maxx Sauter 11 Esko SCR
-- Owen Ballmer 8 Marshall (Duluth) SCR

Girls Varsity Discus

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Athlete Yr Team Mark H#

=====

1 Maya Johnson 11 Esko 116-05
2 Brynn von Goertz 10 Two Harbors 102-06
3 Elizabeth Morris 12 Aitkin 86-06
4 Sophia Strom 11 Crosby-Ironton 85-08
5 Abigail McConnell 10 Esko 84-02
5 Sage Hennen 12 South Ridge 84-02
7 Madison Siedlecki 11 Moose Lake/Willow River 83-03
8 Mariah Lucero 12 Marshall (Duluth) 78-04
9 Vera Brown 10 Carlton-Wrenshall 77-11
10 Joni Geirsdorf-Thompson 11 Moose Lake/Willow River 75-10
11 Bekah Vogt 11 Barnum 74-05
12 Karysa Brown 12 Carlton-Wrenshall 73-08
13 Kenleigh Nikunen 12 Esko 73-03
14 Bianca Jukic 12 Marshall (Duluth) 71-02
15 Taylor Lynn Horton 10 South Ridge 70-05
16 Abigail Vargo 12 Barnum 70-04
17 Loretta Tucker 9 Two Harbors 69-11
18 Jayda Windorski 10 Crosby-Ironton 69-06
19 Ashlynn Thompson 10 Cromwell-Wright 67-11
20 Sabrina Zoeller 11 Cromwell-Wright 66-01
21 Kaelynn Gruhlke 12 Aitkin 63-09
22 Ivy Ferguson 8 Stella Maris Academy 63-07
23 Rose Dilly 11 Cromwell-Wright 63-00
24 Rylie Parker 10 Aitkin 62-09
25 Reagan Spaeth 12 McGregor 62-08
26 Lillian Genereau 11 Barnum 62-05
27 Haiden Steinbach 11 Marshall (Duluth) 61-01
28 Meghan Watters 10 Lakeview Christian Academy 57-09
29 Laila Naegeli 10 Two Harbors 57-01
30 Taylor-Rose Skagerberg 10 Carlton-Wrenshall 44-07
-- Jessica Goble 11 Moose Lake/Willow River FOUL
-- Veronica Millsop 11 Crosby-Ironton FOUL

Boys Varsity High Jump

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Athlete Yr Team Mark H#

=====

1 Kyson Landwehr 12 Barnum 6-00.00
2 Izaac Zimmer 12 Esko 5-10.00
3 Ben Schmitz 11 Esko 5-08.00
4 Jace Gomez 12 Two Harbors 5-06.00
5 Brock Hurst 12 Barnum 5-06.00
5 Oliver Smith 11 Crosby-Ironton 5-06.00
7 Lucas Chesbrough 12 Moose Lake/Willow River 5-06.00
8 Olaf Larson 10 Moose Lake/Willow River 5-04.00
9 Connor Beise 10 Moose Lake/Willow River 5-04.00

10 JJ Skalko-Olesiak 12 Cromwell-Wright 5-02.00
11 Ziggy Hietala 10 Two Harbors 5-02.00
-- George Tallman 9 Esko NH
-- Andy Davis 9 Barnum NH
-- Colton Armbrust 12 Crosby-Ironton NH

Girls Varsity High Jump

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Athlete	Yr	Team	Mark	H#
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1	Addi Metz	9	Moose Lake/Willow River	5-00.00
2	Olivia Hagglund	10	Two Harbors	5-00.00
3	Brooklyn Raiche	9	Aitkin	4-08.00
4	Izzy Nelson	11	McGregor	4-08.00
5	Lilly Clayton	9	McGregor	4-08.00
6	Aleina Whitehouse	10	Moose Lake/Willow River	4-06.00
7	Gianna Madill	11	Esko	4-06.00
8	Tori Oehrlein	12	Crosby-Ironton	4-04.00
8	Riley Sway	9	Moose Lake/Willow River	4-04.00
10	Haylee Coil	10	Aitkin	4-04.00
10	Claire Swartout	9	Two Harbors	4-04.00
12	Maria Lewandowski	8	Crosby-Ironton	4-02.00
12	Nadia Tessier	12	Carlton-Wrenshall	4-02.00
12	Aili Fenlason	11	South Ridge	4-02.00
15	Jenifer Williams	8	South Ridge	4-02.00
16	Remington Olesiak	11	Cromwell-Wright	4-02.00
16	Harper Smith	11	Two Harbors	4-02.00
--	Maya Stuermer	11	Esko	NH
--	Rebecca Johnson	9	Cromwell-Wright	NH
--	Cierah McKibbon	9	Esko	NH
--	Bekah Vogt	11	Barnum	NH
--	Lilian Houde	7	Crosby-Ironton	NH

Boys Varsity Pole Vault

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Athlete	Yr	Team	Mark	H#
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1	Micah Thompson	12	Moose Lake/Willow River	12-06.00
2	Carter Thompson	9	Moose Lake/Willow River	10-06.00
3	Ezra Jacobson	10	Crosby-Ironton	9-06.00
4	Weston Kyllonen	10	Aitkin	9-06.00
5	Nolan Hendrickson	10	Esko	8-00.00
6	Liam Fitzpatrick	8	Crosby-Ironton	8-00.00
7	Evan Rasmussen	9	Crosby-Ironton	8-00.00
8	Carsyn Miller	11	Aitkin	7-06.00

Girls Varsity Pole Vault

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Athlete	Yr	Team	Mark	H#
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=====

1 Lucy Lewandowski 12 Crosby-Ironton 10-00.00
2 Aubree Babler 8 Crosby-Ironton 8-06.00
3 Georgianna Toftness 10 Crosby-Ironton 7-06.00
4 Allie Ostrowski 12 Aitkin 7-00.00
5 Madeline Hipp 11 Esko 7-00.00
6 Brooklyn Raiche 9 Aitkin 7-00.00
7 Paityn Hawkins 8 Aitkin 6-06.00
8 Amelia Hipp 7 Esko 6-06.00

Boys Varsity Long Jump

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Athlete Yr Team Mark H# Wind

=====

1 Isaiah Baker 12 Aitkin 22-00.00 0.0
2 Ben Schmitz 11 Esko 21-08.50 0.0
3 Derek Nooyen 11 Esko 21-00.00 0.0
4 Jeremy Henson 12 Crosby-Ironton 20-01.50 0.0
5 Kyson Landwehr 12 Barnum 19-07.00 0.0
6 Eldon McLean 12 Crosby-Ironton 19-04.50 0.0
7 Blake Granholm 10 Cromwell-Wright 18-11.00 0.0
8 Hunter Rubich 10 McGregor 18-08.00 0.0
9 Ledger Johnson 11 Moose Lake/Willow River 18-07.00 0.0
10 Brenden Gronner 10 Cromwell-Wright 18-00.00 0.0
11 Donovan Barden 10 McGregor 17-10.50 0.0
12 Will Fransen 12 Two Harbors 17-10.00 0.0
13 Isaac Tester 9 Esko 17-08.50 0.0
14 Logan Charboneau 10 Barnum 17-08.00 0.0
15 Zeke Gomez 9 Two Harbors 16-10.00 0.0
16 Juice Sobczak 12 Cromwell-Wright 16-09.50 0.0
17 Luke Osterkamp 11 Moose Lake/Willow River 16-05.50 0.0
18 Wyatt Ellefson 10 South Ridge 16-04.00 0.0
19 Landon Hosmer 9 Barnum 16-03.00 0.0
20 Isaiah Warren 8 Lakeview Christian Academy 16-02.50 0.0
21 Carter Thompson 9 Moose Lake/Willow River 16-01.00 0.0
22 Cameron Poe-Johnson 10 Two Harbors 15-08.00 0.0
23 Masyn Smith 10 Marshall (Duluth) 14-08.00 0.0
24 Kaden Lent 10 Carlton-Wrenshall 13-06.00 0.0
25 Oakley Hirschhoff 8 Lakeview Christian Academy 12-10.00 0.0
26 Josh Paulson 11 Lakeview Christian Academy 12-05.00 0.0
27 Benjamin Weertz - Stella Maris Academy 11-08.00 0.0
28 Garrett Schwerin 9 Aitkin 10-09.00 0.0
-- Kylan Ward 8 Carlton-Wrenshall FOUL 0.0
-- Zane Bardolph 9 Marshall (Duluth) SCR 0.0

Girls Varsity Long Jump

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Athlete Yr Team Mark H# Wind

=====

- 1 Olivia Hagglund 10 Two Harbors 16-04.50 0.0
- 2 Paiton Plante 10 Esko 15-11.50 0.0
- 3 Sammie Hachey 12 Crosby-Ironton 15-11.00 0.0
- 4 Gabby Loucks 10 Carlton-Wrenshall 14-09.50 0.0
- 5 Lucy Skifstad 11 Esko 14-08.50 0.0
- 6 Hannah Hunter 9 Aitkin 14-04.00 0.0
- 7 Kaydence Prachar 10 Moose Lake/Willow River 14-04.00 0.0
- 8 Dativah Majwega 11 Marshall (Duluth) 14-03.50 0.0
- 9 Brooklyn Nelson 12 Two Harbors 14-02.00 0.0
- 10 Brielle Mount 7 Crosby-Ironton 14-01.50 0.0
- 11 Remington Olesiak 11 Cromwell-Wright 14-00.00 0.0
- 12 Brynlee Sieben 8 Moose Lake/Willow River 13-10.00 0.0
- 13 Natalie Falk 9 Two Harbors 13-06.00 0.0
- 14 Carla Lopez 11 Cromwell-Wright 13-05.00 0.0
- 15 Madelyn Morse 11 South Ridge 13-02.00 0.0
- 16 Camryn Armbrust 11 Crosby-Ironton 13-00.00 0.0
- 17 Alexis Coy 12 Carlton-Wrenshall 13-00.00 0.0
- 18 Nadia Tessier 12 Carlton-Wrenshall 12-10.50 0.0
- 19 Jadyn Olson 9 Cromwell-Wright 12-09.50 0.0
- 20 Mary Hudrlik 9 Aitkin 12-05.00 0.0
- 21 Molly Franke 10 Aitkin 12-05.00 0.0
- 22 Landyn Bretthorst 7 Moose Lake/Willow River 11-05.50 0.0
- 23 Lillian Genereau 11 Barnum 11-03.00 0.0
- 24 Bekah Vogt 11 Barnum 11-03.00 0.0
- 25 Jenifer Williams 8 South Ridge 11-00.00 0.0
- Cora Head 11 Barnum FOUL 0.0
- Maren Bailey 9 Esko DNS 0.0
- Nina McCourtney 9 Marshall (Duluth) DNS 0.0

Boys Varsity Triple Jump

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Athlete Yr Team Mark H# Wind

=====

- 1 Isaiah Baker 12 Aitkin 43-02.00 0.0
- 2 Evan Guenther 11 Moose Lake/Willow River 42-11.00 0.0
- 3 Lucas Chesbrough 12 Moose Lake/Willow River 39-02.00 0.0
- 4 Jace Gomez 12 Two Harbors 38-05.00 0.0
- 5 Deklinn Sheldon 9 Esko 38-04.50 0.0
- 6 Izaac Zimmer 12 Esko 38-03.50 0.0
- 7 Borislav Pashov 11 Marshall (Duluth) 37-11.00 0.0
- 8 Henry Skifstad 9 Esko 37-10.00 0.0
- 9 Brenden Gronner 10 Cromwell-Wright 37-04.00 0.0
- 10 Eldon McLean 12 Crosby-Ironton 37-02.00 0.0
- 11 Marcel Ricardo 12 Marshall (Duluth) 37-00.00 0.0
- 12 Eli Berger 11 Barnum 36-11.00 0.0
- 13 Zeke Gomez 9 Two Harbors 36-01.00 0.0
- 14 Logan Fisher 9 Cromwell-Wright 32-07.00 0.0
- 15 Maxwell Taylor 10 Two Harbors 31-00.00 0.0
- 16 Del Nyberg 9 Cromwell-Wright 30-08.50 0.0

17 Grant Byer 12 Stella Maris Academy 30-01.00 0.0

-- Garrett Schwerin 9 Aitkin FOUL 0.0

Girls Varsity Triple Jump

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Athlete	Yr	Team	Mark	H#	Wind
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=====

1 Whitney Hanson 12 Esko 33-08.00 0.0

2 Olivia Hagglund 10 Two Harbors 33-03.50 0.0

3 Dativah Majwega 11 Marshall (Duluth) 32-07.00 0.0

4 Ava Vee 12 Marshall (Duluth) 31-07.00 0.0

5 Lucy Skifstad 11 Esko 31-03.00 0.0

6 Hailey Munsterteiger 10 Aitkin 31-01.50 0.0

7 Lilly Clayton 9 McGregor 30-09.00 0.0

8 Camryn Armbrust 11 Crosby-Ironton 30-09.00 0.0

9 Brooklyn Nelson 12 Two Harbors 30-06.00 0.0

10 Brielle Mount 7 Crosby-Ironton 30-02.00 0.0

11 Nora Hurst 11 Barnum 30-02.00 0.0

12 Kate Boyd 10 Aitkin 29-11.00 0.0

13 Keeley Granholm 9 Cromwell-Wright 29-11.00 0.0

14 Addie Nyberg 8 Cromwell-Wright 29-06.00 0.0

15 Charlie Cummins 9 Moose Lake/Willow River 29-01.00 0.0

16 Jadyn Olson 9 Cromwell-Wright 29-00.00 0.0

17 Randi Koecher 7 Moose Lake/Willow River 29-00.00 0.0

18 Nadia Tessier 12 Carlton-Wrenshall 28-07.00 0.0

19 Kirsten Nixon 11 Crosby-Ironton 27-09.50 0.0

20 Alexis Coy 12 Carlton-Wrenshall 27-00.00 +0.2

21 Addi Metz 9 Moose Lake/Willow River 26-11.00 0.0

22 Lola Hagglund 9 Two Harbors 24-05.50 0.0

-- Miranda Mickelson 9 Aitkin FOUL 0.0

-- Maren Bailey 9 Esko SCR